

Foods I

TEACHER: Miss Krysl | **EMAIL:** emma.krysl@lexschools.org

COURSE DESCRIPTION

Foods I is a one-semester course. This is a basic elective course open to all 10-12 grade students. Emphasis will be placed on cleanliness and safe food handling. Students will be expected to clean and disinfect the kitchen both BEFORE and AFTER each cooking lab. The beginning and end of each semester will include major cleaning and sanitation of the lab area.

CLASS MATERIALS

- iPad
- writing utensil
- folder (students will need to keep recipes for a grade at the end of the semester)
- if the student has long hair, bring a hair tie on lab days

CLASS EXPECTATIONS

Students are expected to follow the Student Code of Conduct and School Wide Agreements. This includes not using cell phones during class time, wearing school-issued lanyards, and following the dress code. Any behavior that interferes with the learning environment will not be accepted and will result in loss of lab privileges.

LAB EXPECTATIONS

Cooking and baking food in the kitchen labs is a privilege, not a right. If expectations are not being met in the classroom, then students will not be able to participate in lab days. An alternative assignment will be given if students are not allowed to be in the lab.

*If safety precautions are not being followed, the student may be disciplined and will result in loss of lab privileges.

ATTENDANCE

If absent, the student will need to check Google Classroom for any missing assignments. Students also need to email or meet with Miss Krysl to make up any class-work they missed.

AREAS OF STUDY

- Food Safety and Sanitation
- Food Preparation
- MyPlate
- Knife-handling skills
- Kitchen Math and Measuring
- Cookies
- Muffins
- Fruit Pizza
- Food Truck Wars
- *specific labs and unit of study are subject to change

Home-Cooking Project

Each student will be required to complete one home-cooking project in Foods I. Students will document themselves cooking or baking an item at home. If a kitchen is not available to use at home, meet with Miss Krysl. Specific project details will be available to view on Google Classroom. This project is due on **November 1st**.

ASSIGNMENTS

Homework is expected to be handed in on the due date. Late work is accepted after the due date with a deduction of 15%. No late work will be accepted the last two weeks of the semester.

GRADING

It is each student's responsibility to check grades on PowerSchool and to see Miss Krysl with concerns. If the student is in ISS or absent on a lab day, they will not receive participation credit for the lab. The lab participation credit can be made up with an alternative assignment determined by Miss Krysl.

Labs: 35% Project: 20% Tests: 30% Class Work: 15%